

14042 U.S. PTO
07/25/03

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicants : Ralph Simpson, Pete Draovitch and Steve McGee
For : SPORTS TRAINING AND EXERCISE DEVICE

Mail Stop Patent Application
Commissioner for Patents
P. O. Box 1450
Alexandria, VA 22313-1450

LETTER OF TRANSMITTAL

Dear Sir:

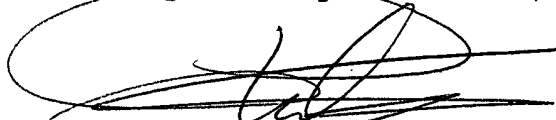
As applicants' attorney, I am enclosing the specification, claims and informal drawings for a new patent application. A filing date is requested under 35 C.F.R. §1.53(b)(1). This application is being filed without a declaration, power of attorney or filing fee. When notice is received from the United States Patent and Trademark Office advising of the date when these documents are to be submitted, we will submit these items together with the surcharge set forth in §1.16(e) to the Patent Office to prevent abandonment of the application.

Address all telephone calls to Richard C. Conover at telephone number (406) 587-4240.

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Respectfully submitted,



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19972 U.S. PTO
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**NONPUBLICATION REQUEST
UNDER
35 U.S.C. 122(b)(2)(B)(i)**

First Named Inventor

Ralph Simpson et al.

Title

SPORTS TRAINING AND EXERCISE DEVICE

Attorney Docket Number

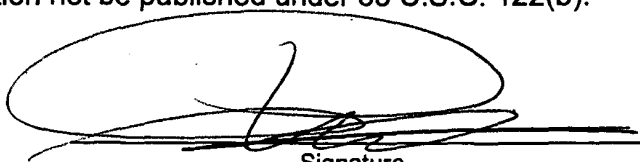
687.06

I hereby certify that the invention disclosed in the attached application **has not and will not** be the subject of an application filed in another country, or under a multilateral agreement, that requires publication at eighteen months after filing.

I hereby request that the attached application not be published under 35 U.S.C. 122(b).

7/25/03

Date



Signature

(406) 587-4240

Telephone number

Richard C. Conover

Typed or printed name

This request must be signed in compliance with 37 CFR 1.33(b) and submitted with the application **upon filing**.

Applicant may rescind this nonpublication request at any time. If applicant rescinds a request that an application not be published under 35 U.S.C. 122(b), the application will be scheduled for publication at eighteen months from the earliest claimed filing date for which a benefit is claimed.

If applicant subsequently files an application directed to the invention disclosed in the attached application in another country, or under a multilateral international agreement, that requires publication of applications eighteen months after filing, the applicant **must** notify the United States Patent and Trademark Office of such filing within forty-five (45) days after the date of the filing of such foreign or international application. **Failure to do so will result in abandonment of this application (35 U.S.C. 122(b)(2)(B)(iii)).**

This collection of information is required by 37 CFR 1.213(a). The information is required to obtain or retain a benefit by the public which is to file (and by the USPTO to process) an application. Confidentiality is governed by 35 U.S.C. 122 and 37 CFR 1.14. This collection is estimated to take 6 minutes to complete, including gathering, preparing, and submitting the completed application form to the USPTO. Time will vary depending upon the individual case. Any comments on the amount of time you require to complete this form and/or suggestions for reducing this burden, should be sent to the Chief Information Officer, U.S. Patent and Trademark Office, U.S. Department of Commerce, P.O. Box 1450, Alexandria, VA 22313-1450. DO NOT SEND FEES OR COMPLETED FORMS TO THIS ADDRESS. SEND TO: Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450.

If you need assistance in completing the form, call 1-800-PTO-9199 (1-800-786-9199) and select option 2.

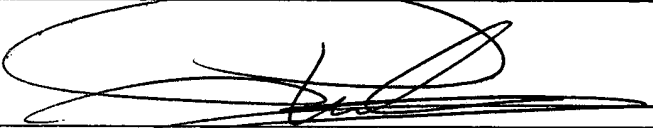
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Applicants : Ralph Simpson, Pete Draovitch and Steve McGee
Serial No. :
Filed :
For : SPORTS TRAINING AND EXERCISE DEVICE
Documents : Letter of Transmittal; Original utility
patent application; Four (4) pages of
informal drawings, Figs. 1-5; Information
Disclosure Statement by Applicant;
Nonpublication Request; and postcard.

CERTIFICATE OF EXPRESS MAILING

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Richard C. Conover, Attorney for Applicants



(Signature)

7/25/03

(Date)